

**DR. COLE SURGERY FAST FACTS**

<b>SURGERY LOCATIONS</b>		
<b>Rush Surgicenter</b> 312-563-2880 1725 W Harrison Suite 556 Chicago IL 60612 Valet Park / Elevator #3  <b>Gold Coast Surgicenter</b> 312-521-5500 845 N Michigan Ave Suite 985W Chicago IL 60611	<b>Rush Oak Park Hospital</b> 708-660-4800 520 S Maple Ave 7 <sup>th</sup> Floor Oak Park IL 60304  <b>Rush Oak Brook Surgery Center</b> 630-472-2445 2011 York Road 3 <sup>rd</sup> Floor Oak Brook IL 60523	<b>South Suburban Surgical Suites</b> 630-472-2445 9200 Calumet Ave Suite E-100 Munster IN 46321

**BEFORE SURGERY**

The surgery facility will call you in the afternoon the day before surgery with the time that you should arrive. THE TIME OF THE SURGERY IS NOT DETERMINED BEFORE THEN. If you do not receive a call from the surgery center by 3pm the day before your surgery, please phone them directly at the number listed above.

If you are 40 years of age or older, or have any significant medical problems, you will need to have preoperative clearance done at least 2 weeks before surgery at your medical doctor's office or an outpatient laboratory. If you are under the age of 40 and have no underlying medical conditions, you do not need preoperative testing. *Please be certain that the results are faxed to Dr. Cole at 708-409-5179 at least one week prior to your surgery date. If the results are not received in a timely manner, your surgery may be cancelled.*

Please ensure that we have your preferred pharmacy on file so we can e-prescribe your postoperative medications.

Discontinue taking any aspirin or aspirin-like products (i.e. Advil, Motrin, Ibuprofen, Aleve) 1 week prior to surgery. If taking Aspirin 81mg, you may continue to do so. You may continue to take Celebrex and Tylenol.

If your surgery requires post-operative equipment such as crutches, braces, and icing or motion machines, our office will order these products for you. They will either be delivered to your home or directly to the operating room. If you have an HMO, please follow-up with Dr. Cole's office. You may need to order your own equipment through your primary care doctor with the prescriptions provided by Dr. Cole. Please do this immediately upon scheduling surgery.

Please arrange for someone to drive you to and from the hospital.

No eating or drinking after midnight the night before surgery.

Please review Dr. Cole's preoperative binder at: <https://www.briancolemd.com/patient-surgery-binder/>

**ADDITIONAL INFORMATION/QUESTIONS**

Dr. Cole's PA's can be reached at: [colePA@rushortho.com](mailto:colePA@rushortho.com)

Dr. Cole's Administrative Team can be reached at: [coleadmin@rushortho.com](mailto:coleadmin@rushortho.com)

- Valerie M- P: 312-432-2352 / [valerie.mckenzie@rushortho.com](mailto:valerie.mckenzie@rushortho.com)
- Valerie G- P: 312-432-2379 / [valerie.gamez@rushortho.com](mailto:valerie.gamez@rushortho.com)
- Kat- P: 312-432-2381 / [katrin.cermeno@rushortho.com](mailto:katrin.cermeno@rushortho.com)

### DAY OF SURGERY

Remember—No breakfast or drinks in the morning!

Take all prescription medicines the morning of surgery with only a sip of water, unless otherwise instructed by your medical doctor.

Bring your lists of medications and any preoperative questions.

Bring all braces, crutches, and icing machines you may have in your possession as prescribed by Dr. Cole. Motion machines may be left at home.

Your driver should accompany you at the time of check-in or be able to be reached by phone.

### AFTER SURGERY

Following surgery, you will be in the recovery room for approximately 1 hour before transfer to the holding area. The family will be contacted by nursing personnel when you are in the holding area.

Following discharge, you may be transported by wheelchair to outpatient physical therapy to review crutch-walking and exercises to be performed at home prior to starting formal physical therapy.

Someone from Dr. Cole’s office will contact you a day or two following your surgery. If you have any questions following your surgery, please email the PA’s at [colepa@rushortho.com](mailto:colepa@rushortho.com) or call 312-432-2381.

If you have an emergency after office hours or on weekends, call 312-243-4244 and you will be connected to our page service – they will contact Dr. Cole or one of his fellows if he is unavailable. Do NOT call the hospital or surgicenter.

Review your post-operative instructions for specific questions regarding wound care, medications, activity, exercises, brace usage, ice therapy, follow-up care, emergencies, or any other concerns. If you have lost these instructions, please reference our website ([www.BrianColeMD.com](http://www.BrianColeMD.com)) where they can be found under the “Postoperative Instructions”.

Your first post op appointment typically occurs 9-14 days from surgery and with one of Dr. Cole’s Physician Assistants. Unless told otherwise, your first post-op visit will occur on telemedicine with one of Dr. Cole’s Physician Assistants. For scheduling you may call: 708-236-2701

Patients are unable to fly approximately 5-7 days after surgery.

### REHAB

Physical therapy, unless otherwise specified by our team, will begin after your first postoperative visit

- We recommend and prefer whenever possible that you utilize MOR PT given the communication and known quality that our therapists provide. As MOR PT use may not always be possible, we can work with you to find alternative locations.
- It is recommended that you schedule your initial 3 post-op PT visits even without a formal prescription once you know the anticipated start date from Dr. Cole’s staff.
- MOR has PT facilities at the following locations and you may schedule by calling the numbers listed

### DR. COLE SURGERY FAST FACTS

Chicago, IL 312.432.2513	Geneva, IL 708.492.5720	Lincoln Park, IL 708.492.5740	Naperville, IL 630.339.2270	Westchester, IL 708.273.8410
Oak Brook, IL 708.492.5630	Oak Park, IL 312.432.2826	Orland Park, IL 708.492.5710	Park Ridge, IL 708.492.5750	Munster, IN 708.492.5460